Parenting Styles
What You Should Know

Parenting Style Is Important

50 years of research on 14,5 million pairs of twins reveal that genetic and environment have roughly equal influence on human traits.

Parenting style determines largely the kind of environment a child is raised in. Psychologist categorize parenting styles into 4 major groups:

Authoritative

- Parenting Style: High expectations, show affection, and set limits.

Authoritarian

- Parenting Style: Demand obedience, high expectations, show little affection.

Permissive

- Parenting Style: Low expectations, no rules, are indulgent, and show little affection.
- Associated Outcome: Impulsive behavior, Lower Expectations, More Social Skills, More Delinquency.

Neglectful

- Parenting Style: Neglectful, no rules, show little affection.
- Associated Outcome: Impulsive Behavior, Delinquency, Drop Out/Abandoned, Danter.

One Size Fits All?

For over 25 years, authoritative parenting has been consistently linked to the most positive for outcomes in nearly studies.

Aren’t all kids different?

Yes, different kids need different parenting techniques, not a different parenting style.

It’s a spectrum. You can be more warm or less warm, but still warm. You can be more accepting or less demanding but still demanding. Being warm and having high standards is authoritative. It is the best parenting style recommended by psychologies.